

NursesCatalysts website: www.nursescatalyst.com

## UNIT YOU HAVE TO COVER IN L2 NURSING AND MIDWIFERY

## MODULE: HEALTH ASSESSMENT

## **UNIT:**

- 1. Introduction to health assessment
- 2. Nursing assessment
- 3. Techniques of physical examination
- 4. Emergency assessment
- 5. Skin assessment
- 6. Abdominal assessment
- 7. Pulmonary assessment
- 8. Assessment of head and neck
- 9. Mental status assessment
- 10. Musculoskeletal assessment
- 11. Spinal assessment
- 12. Female and Male Genito-urinary assessment
- 13. Pain assessment
- 14. Self-breast examination
- 15. How to do comprehensive assessment.
- 16. Neurological assessment

## ASSIGNMENT RELATED TO THE UNIT YOU HAVE TO COVER

- 17. Describing the assessment of lymphatic system
- 18. How to prepare physical assessment of the heart and the peripheral vascular systems using correct techniques
- 19. How to assess a patient in an emergency situation, describing the concept and purpose of triage in emergency care settings
- 20. Describe emergency triage and its application by WHO
- 21. Describe the assessment of respiratory system
- 22. Describe the assessment of cardiovascular system
- 23. Describe the assessment of endocrine system
- 24. Describe the assessment of integumentary system
- 25. Describe the assessment of urinary system
- 26. Describe the assessment of reproductive system
- 27. Describe the assessment of geriatric system
- 28. Describe steps for interview
- 29. Describe the assessment of special populations
- 30. Describe the assessment of breast

- 31. Describe the assessment of neurological assessments
- 32. Assessment of digestive system
- 33. Explain all types of health assessment
- 34. Describe general survey in health assessment
- 35. Describe the assessment of the eyes and throat
- 36. Describe the assessment of ears and nose
- 37. Describe documentation of physical assessment
- 38. Describe the components of complete health history
- 39. Describe lungs sounds (Normal and Abnormal)
- 40. Describe heart sounds (Normal and abnormal)
- 41. Describe 10 nursing diagnosis, plan and intervention about Respiratory system
- 42. Describe 10 nursing diagnosis, plan and intervention about cardiovascular system
- 43. Describe 10 nursing diagnosis, plan and intervention about Digestive system
- 44. Describe health assessment of critically ill patients
- 45. Explain well all equipment used in health assessment.

#### DEMOSTARTIONS FOR SOME PROCEDURE

1. How to do comprehensive assessment (head to toe assessment and system by system assessment)

### N.B:

1. MAKE SURE THAT YOU HAVE ALREADY COVER THOSE UNIT, BY UNDERSTAND THE CONTENT

#### 2. FOR MORE INFORMATION VISIT OUR WEB SITE: <a href="http://www.nursescatalyst.com">www.nursescatalyst.com</a>

3. FOR MORE QUIZ AND SMART TEST VISIT OUR WEB SITE: www.nursescatalyst.com

4. DURING YOUR CLINICAL PLACEMENT I ENCOURAGE YOU TO VISIT <u>www.nursescatalyst.com</u> INORDER TO GET MORE CONTENTS AND BY TRYING TO DO A QUIZ.

5. I ENCOURAGE YOU TO JOIN US ON WHATSAPP GROUP, YOUTUBE, INSTRAGRAM, TIKTOK, FACEBOOK INORDER TO SHARE MORE INFORMATION EVERY ON IS ALLOWED TO SHARE HIS/HER INFORMATION RELATED TO HEALTH PROFESSIONAL. AS WE ARE FUTURE NURSES AND MIDWIVES, DENTAL THERAPIST, ANESTHESIOLOGIST.

# MORE YOU READ, MORE YOU KNOW AND GET IMPROVED KNOWLEDGE AND SKILLS!!!!!!!!

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